



# AMERICAN ACADEMY OF HEALTH BEHAVIOR

A MULTIDISCIPLINARY SOCIETY OF HEALTH BEHAVIOR SCHOLARS AND RESEARCHERS

Theme: Theory and Applications of Multiple Health Behavior Change  
March 10-13, 2019  
Westin Poinsett – Greenville, South Carolina

## AGENDA

## SUNDAY, MARCH 10, 2019



### Online Agenda:

<https://www.aahb.org/2019-Conference-Overview/>

**8:00 am – 2:30 pm**

**AAHB Board Meeting** (Furman Room)

**2:00 pm – 4:00 pm**

**Meeting Registration**

**4:00 pm – 4:30 pm**

**Welcome Address, Presentation of New AAHB Fellows,  
Membership Milestones & New Members** (Gold Ballroom)

- Mark Reed, PhD, AAHB President

**4:30 pm – 5:30 pm**

**2019 Research Laureate Award Winner** (Gold Ballroom)

- Introduction of 2019 Research Laureate by John D. Clapp, PhD, FAAHB (2018 AAHB Research Laureate)
- Presentation by 2019 Research Laureate: Kenneth Michael Cummings, PhD, FAAHB
- Presentation Title: With a Little Help from My Friends

**5:30 pm – 5:40 pm**

**Overview of Conference** (Gold Ballroom)

- Presenter: Hsien-Chang Lin, PhD (2019 Conference Planning Chair)

**6:00 pm – 7:30 pm**

**Opening Reception & Poster Session** (Poinsett Ballroom)



### Opening Reception & Poster Session:

Light Hors d'oeuvres, 1 free drink per person and cash bar; guest tickets available

# AGENDA

## MONDAY, MARCH 11, 2019



### Breakfast Roundtables:

New members, attendees, and students are encouraged to join a roundtable and meet senior Academy members.

### 6:30 am – 7:15 am

#### Unplug Activity: Functional Fitness (Francis Marion Room)

- Presenter: Katie Heinrich, PhD

### 7:30 am – 7:30 pm

#### Meeting Registration

### 7:30 am – 8:30 am

#### Breakfast Roundtables (Poinsett Ballroom)

- Topics:
  1. Get More Involved with The Academy
  2. Making Your Science Accessible
  3. Making Time to Write
  4. Diversity and Equity in Workplace Settings
  5. Preparing for a Career After Graduate School
  6. Finding Your Dream Job and the Stages Along the Way
  7. Managing and Analyzing Secondary Data with STATA

### 8:45 am – 9:00 am

#### Introduction of Speakers (Gold Ballroom)

- Mark Reed, PhD (Moderator)

### 9:00 am – 9:30 am

#### Speaker Session 1 (Gold Ballroom)

- Speaker: Dr. Bonnie J Spring, PhD, ABPP (Feinberg School of Medicine, Northwestern University)
- Title: State of the Science in Intervening for Multiple Health Behavior Change

### 9:30 am – 10:00 am

#### Speaker Session 2 (Gold Ballroom)

- Speaker: Valerie Blue Bird Jernigan, DrPH, MPH (Hudson College of Public Health, University of Oklahoma)
- Title: Developing Culturally Grounded Interventions with Indigenous Populations Guided by Indigenous Ways of Knowing

### 10:00 am – 10:30 am

#### Speaker Session 3 (Gold Ballroom)

- Speaker: Dr. Rosa Gonzalez-Guarda, PhD, MPH, RN, CPH, FAAN (Duke University School of Nursing)
- Title: The Influence of Acculturation Stress and Resilience on the Substance Abuse, Violence, HIV and Depression Syndemic Among Latino Immigrants

### 10:30 am – 10:45 am

#### Break

- Light snacks and beverages provided

### 10:45 am – 11:15 am

#### Speaker Session 4 (Gold Ballroom)

- Speaker: Paul Branscum, PhD, RD  
(Department of Kinesiology and Health, Miami University)
- Title: Innovations in the Reasoned Action Approach: Applications and Future Research Directions

### 11:15 am – 11:45 am

#### Speaker Session 5 (Gold Ballroom)

- Speaker: Florence J Breslin, MS, CCRP  
(Laureate Institute for Brain Research)
- Title: Measuring Multiple Behaviors in Adolescents: The Adolescent Brain Cognitive Development (ABCD) Study

### 11:45 am – 12:30 pm

#### Panel Discussion (Gold Ballroom)

- Moderator: Mark Reed, PhD

### 12:30 pm – 12:45 pm

#### 2019 Judy K. Black Award and Presentation (Gold Ballroom)

- Presenter: Ashley Merianos, PhD (University of Cincinnati)
- Title: Electronic Cigarette Characteristics and Acquisition Means among Adolescent Daily Users



**Professional Development and Mentoring Luncheon:** All conference attendees are welcome to attend. If not the first 25 students or AAHB members, please bring your own lunch.

### 1:00 pm – 2:30 pm

#### Professional Development and Mentoring Luncheon 1 (Gold Ballroom)

- Presenter: Matthew Lee Smith, PhD, FAAHB
- Title: Keys to Quality Mentorship and Productive Collaborations: Lessons Learned from AAHB Scholars

### 3:30 pm – 4:30 pm

#### Health Behavior Research (HBR) – Editorial Board Meeting

(Francis Marion Room)

### 5:00 pm – 6:00 pm

#### Past President's Meeting (Francis Marion Room)

- Past Presidents only

### 6:00 pm – 7:30 pm

#### Poster Session and Reception (Poinsett Ballroom)



**Poster Session and Reception:** Light Hors d'oeuvres, 1 free drink per person and cash bar; guest tickets available

# AGENDA

## TUESDAY, MARCH 12, 2019



### Breakfast Roundtables:

New members, attendees, and students are encouraged to join a roundtable and meet senior Academy members.

### 6:30 am – 7:15 am

#### Unplug Activity: Good Morning Yoga (Francis Marion Room)

- Presenter: Melissa Helms

### 7:30 am – 7:00 pm

#### Meeting Registration

### 7:30 am – 8:30 am

#### Breakfast Roundtables (Poinsett Ballroom)

- Topics:
  1. Get More Involved with The Academy
  2. How to Get Your Research Reorganized
  3. Making Time to Write
  4. Creating and Managing a Research Team
  5. Diversity and Equity in Classroom Settings
  6. Navigating the Tenure and Promotion Process: Tips for Success
  7. Managing and Analyzing Secondary Data with STATA

### 8:45 am – 9:00 am

#### Introduction of Speakers (Gold Ballroom)

- M. Renée Umstattd Meyer, PhD (Moderator)

### 9:00 am – 9:30 am

#### Speaker Session 6 (Gold Ballroom)

- Speaker: Amy Harley, PhD, MPH, RD  
(Zilber School of Public Health, University of Wisconsin-Milwaukee)
- Title: Social Contextual Predictors of Multiple Health Behavior Change

### 9:30 am – 10:00 am

#### Speaker Session 7 (Gold Ballroom)

- Speaker: Joe Grzywacz, PhD  
College of Human Sciences, Florida State University)
- Title: Multiple Health Behavior Change: A Developmental and Familial Perspective

### 10:00 am – 10:30 am

#### Speaker Session 8 (Gold Ballroom)

- Speaker: Julie Croff, PhD, MPH  
(Center for Health Sciences, Oklahoma State University)
- Title: Multi-Modal Approaches to Measuring Behavior in Teenagers and Young Adults

**10:30 am – 10:45 am**

**Break**

- Light snacks and beverages provided

**10:45 am – 11:15 am**

**Speaker Session 9** (Gold Ballroom)

- Speaker: Tina Chambers, PhD  
(School of Medicine, University of California - San Diego)
- Title: Can We Develop a Biomarker of Future Neurobehavioral Deficits Due to Prenatal Exposure to Alcohol?

**11:15 am – 12:15 pm**

**Panel Discussion** (Gold Ballroom)

- Moderator: M. Renée Umstattd Meyer, PhD

**12:30 pm – 2:00 pm**

**Professional Development and Mentoring Luncheon 2** (Gold Ballroom)

- Presenter: Florence J Breslin, MS, CCRP  
(Laureate Institute for Brain Research)
- Title: Accessing and Understanding the Adolescent Brain Cognitive Development (ABCD) Study: An Introduction to the Adolescent Brain Cognitive Development Study Dataset

**3:30 pm – 4:15 pm**

**Future Directions and Meeting of the Membership** (Francis Marion Room)

**4:15 pm – 4:45 pm**

**Inauguration of the Incoming AAHB President** (Francis Marion Room)

- Presenter: Mark Reed, PhD, 2018-2019 AAHB President AAHB

**Presidential Address** (Francis Marion Room)

- Lara McKenzie, PhD, 2019-2020 AAHB President

**5:00 pm – 6:00 pm**

**President's Reception** (Spoonbread)

- Host: Mark Reed, PhD, 2018-2019 AAHB President
- Invitation only

**6:00 pm – 7:30 pm**

**Poster Session and Social** (Poinsett Ballroom)



**Professional Development and Mentoring Luncheon:** All conference attendees are welcome to attend. If not the first 25 students or AAHB members, please bring your own lunch.



**Future Directions and Meeting of the Membership:** All members are invited and encouraged to attend



**President's Reception:**  
Invitation only



**Poster Session and Social:**  
Light Hors d'oeuvres, 1 free drink per person and cash bar; guest tickets available

# AGENDA

## WEDNESDAY, MARCH 13, 2019

**7:30 am – 8:00 am**

**Breakfast** (Gold Ballroom)

**8:00 am – 8:30 pm**

**Award Breakfast** (Gold Ballroom)

- Awards:
  1. Outstanding Poster Awards
  2. Research Scholars
  3. Mentorship Award
  4. Judy K Black Award
- Moderator: Hsien-Chang Lin, PhD

**8:45 am – 9:30 am**

**3-Minute Thesis Competition** (Gold Ballroom)

- Moderator: Mary Steinhardt, EdD, LPC

**9:45 am – 11:00 am**

**Research Laureate and Fellow Discussion** (Gold Ballroom)

- Topic: New Directions for Health Behavior Research and Conference Wrap-Up
- Speakers: Gary Kreps, PhD, Jay Maddock, PhD, David Seal, PhD, and Steven Sussman, PhD
- Moderator: Mohammad Torabi, PhD



**Meeting Adjournment:** Please complete an online meeting evaluation that will be emailed to all attendees.

**11:00 am**

**Meeting Adjournment**

**Thank you for attending the 2019  
Annual AAHB Scientific Meeting!**

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- 20th Annual AAHB Scientific Meeting
- March 8-11, 2020
- Embassy Suites by Hilton – Napa Valley, California

**SAVE THE DATE!**