



AMERICAN ACADEMY OF HEALTH BEHAVIOR

A MULTIDISCIPLINARY SOCIETY OF HEALTH BEHAVIOR SCHOLARS AND RESEARCHERS

Theme: Theory and Applications of Multiple Health Behavior Change
March 10-13, 2019
Westin Poinsett – Greenville, South Carolina

AGENDA (TENTATIVE)



Online Agenda:

<https://www.aahb.org/2019-Conference-Overview/>

SUNDAY, MARCH 10, 2019

8:00 am – 2:30 am

AAHB Board Meeting

2:00 am – 4:00 pm

Meeting Registration

4:00 pm – 4:30 pm

Welcome Address, Presentation of New AAHB Fellows, Membership Milestones & New Members

- Mark Reed, PhD, AAHB President

4:30 pm – 5:30 pm

2019 Research Laureate Award Winner

- Introduction of 2019 Research Laureate by John D. Clapp, PhD, FAAHB (2018 AAHB Research Laureate)
- Presentation by 2019 Research Laureate

5:50 pm – 6:00 pm

Overview of Conference

- Presenter: Hsien-Chang Lin, PhD (2019 Conference Planning Chair)

6:00 pm – 7:30 pm

Opening Reception & Poster Session



Opening Reception & Poster Session:

Light Hors d' oeuvres, 1 free drink per person and cash bar; guest tickets available

AGENDA (TENTATIVE)

MONDAY, MARCH 11, 2019



Breakfast Roundtables:

New members, attendees, and students are encouraged to join a roundtable and meet senior Academy members.

6:30 am – 7:15 am

Unplug Activity

- Topic: Functional Fitness
- Presenter: Katie Heinrich, PhD

7:30 am – 7:30 pm

Meeting Registration

7:30 am – 8:30 am

Breakfast Roundtables

- Topics (tentative):
 1. Get More Involved with The Academy
 2. How to Get Your Research Recognized
 3. Job Hunting – How to Prepare Yourself for a Post-doc or Faculty Position
 4. Diversity and Equity in Workplace Settings
 5. Writing Accountability Groups to Increase Scholarly Productivity

8:45 am – 9:00 am

Introduction of Speakers

- Mark Reed, PhD (Moderator)

9:00 am – 9:30 am

Speaker Session 1

- Speaker: TBD
- Topic (tentative): State of the Science in Multiple Health Behavior Research

9:30 am – 10:00 am

Speaker Session 2

- Speaker: Dr. Valerie Blue Bird Jernigan (Hudson College of Public Health, University of Oklahoma)
- Topic (tentative): Theoretical Applications in Multiple Health Behavior Research

10:00 am – 10:30 am

Speaker Session 3

- Speaker: Dr. Paul Branscum (Department of Kinesiology and Health, Miami University)
- Topic (tentative): Issues of co-occurring behaviors in Multiple Health Behavior Research

10:30 am – 10:45 am

Break

- Light snacks and beverages provided

10:45 am – 11:15 am

Speaker Session 4

- Speaker: Dr. Tina Chambers (School of Medicine, University of California - San Diego)
- Topic (tentative): Bio-behavioral Perspectives in Multiple Health Behavior Research

11:15 am – 11:45 am

Speaker Session 5

- Speaker: Dr. Joe Grzywacz (College of Human Sciences, Florida State University)
- Topic (tentative): Developmental Perspectives in Multiple Health Behavior Change

11:45 am – 12:30 pm

Panel Discussion

- Moderator: Mark Reed, PhD

12:30 pm – 12:45 pm

2019 Judy K. Black Award and Presentation

- Presenter: TBD

1:00 pm – 2:30 pm

Professional Development and Mentoring Luncheon 1

- Presenter: Matthew Lee Smith, PhD, FAAHB
- Title: Keys to Quality Mentorship and Productive Collaborations: Lessons Learned from AAHB Scholars

4:00 pm – 5:00 pm

Health Behavior Research (HBR) – Editorial Board Meeting

5:00 pm – 6:00 pm

Past President's Meeting

- Past Presidents only

6:00 pm – 7:30 pm

Poster Session and Reception



Poster Session and Reception:

Light Hors d' oeuvres, 1 free drink per person and cash bar; guest tickets available

AGENDA (TENTATIVE)

TUESDAY, MARCH 12, 2019



Breakfast Roundtables:

New members, attendees, and students are encouraged to join a roundtable and meet senior Academy members.

6:30 am – 7:15 am

Unplug Activity

- Topic: TBD
- Presenter: TBD

7:30 am – 7:00 pm

Meeting Registration

7:30 am – 8:30 am

Breakfast Roundtables

- Topics (tentative):
 1. Get More Involved with The Academy
 2. Diversity and Equity in Classroom Settings
 3. Making your Science Accessible
 4. Managing a Research Team
 5. Navigating the Tenure and Promotion Process: Tips for Success

8:45 am – 9:00 am

Introduction of Speakers

- Mark Reed, PhD (Moderator)

9:00 am – 9:30 am

Speaker Session 6

- Speaker: Dr. Amy Harley (Zilber School of Public Health, University of Wisconsin-Milwaukee)
- Topic (tentative): Social/Built Environmental Perspectives in Multiple Health Behavior Change

9:30 am – 10:00 am

Speaker Session 7

- Speaker: Dr. Rosa Gonzalez-Guarda (Duke University School of Nursing)
- Topic (tentative): Health Equity Issues in Multiple Health Behaviors

10:00 am – 10:30 am

Speaker Session 8

- Speaker: Dr. Julie Croff (Center for Health Sciences, Oklahoma State University)
- Topic (tentative): Methodology in Multiple Health Behavior Research

10:30 am – 10:45 am

Break

- Light snacks and beverages provided

10:45 am – 11:15 am

Speaker Session 9

- Speaker: TBD
- Topic (tentative): Using Data from the ABCD Study to Conduct Multiple Health Behavior Research

11:15 am – 12:15 pm

Panel Discussion

- Moderator: Mark Reed, PhD

12:30 pm – 2:00 pm

Professional Development and Mentoring Luncheon 2

- Presenter: TBD
- Title: Finding Your Dream Job and the Stages Along the Way

3:30 pm – 4:15 pm

Future Directions and Meeting of the Membership

4:15 pm – 4:45 pm

Inauguration of the Incoming AAHB President

- Presenter: Mark Reed, PhD, 2018-2019 AAHB President AAHB

Presidential Address

- Lara McKenzie, PhD, 2019-2020 AAHB President

5:00 pm – 6:00 pm

President's Reception

- Host: Mark Reed, PhD, 2018-2019 AAHB President
- Invitation only

6:00 pm – 7:30 pm

Poster Session and Social



Future Directions and Meeting of the Membership:

All members are invited and encouraged to attend



Poster Session and Social:

Light Hors d' oeuvres, 1 free drink per person and cash bar; guest tickets available

AGENDA (TENTATIVE)

WEDNESDAY, MARCH 13, 2019

7:30 am – 8:00 am

Breakfast

8:00 am – 8:30 pm

Award Breakfast

- Awards:
 1. Outstanding Poster Awards
 2. Research Scholars
 3. Mentorship Award
- Moderator: Hsien-Chang Lin, PhD

8:45 am – 9:30 am

3-Minute Thesis Competition

- Moderator: Mary Steinhardt, EdD, LPC

9:45 am – 11:00 am

Research Laureate Discussion

- Research Laureate and Moderator TBD

11:00 am

Meeting Adjournment



Meeting Adjournment:

Please complete an online meeting evaluation that will be emailed to all attendees.

**Thank you for attending the 2019
Annual AAHB Scientific Meeting!**

- 20th Annual AAHB Scientific Meeting
- March 8-11, 2020
- Embassy Suites by Hilton – Napa Valley, California

SAVE THE DATE!