Program Overview

The American Academy of Health Behavior (AAHB) will provide a 12-month mentoring opportunity to a competitive pool of junior-level health behavior researchers. The mission of AAHB is to serve as the “research home” for health behavior scholars and researchers whose primary commitment is to excellence in research and the application of research to practice to improve the public's health.

The purpose of the Research Scholars Mentorship Program (RSMP) is to mentor early career investigators in the production of high-quality scholarly research-based products that address any area of health behavior-related research. Senior investigators from AAHB will be partnered with selected junior investigators to help them develop skills and gain experience in research-related activities. Mentees must be current, paid members of AAHB in good standing at the time of application. Selected applicants will be matched based on content or methods expertise with a senior-level AAHB member whom has a proven research agenda.

The selected mentees will receive a reduced conference registration fee (at the student rate) to attend the 2020 annual meeting. Mentors and mentees selected for participation in the program will be matched in February 2020, and mentee/mentor pairs will be recognized at the 2020 AAHB meeting (and again at the 2021 AAHB meeting to formally recognize the completion of the program).

Details of required activities associated with participation in the 12-month program are highlighted below. The overarching goal of the program is to promote excellence in health behavior research among Academy members. The final, research-based product(s) expected to result from mentoring will be determined by the mentee and mentor collaboratively and with feedback provided by the program leadership.

Mentees Must

✓ Be current, paid members of AAHB in good standing at the time of application
✓ Have completed a doctoral level degree in a health behavior discipline
✓ Be able to articulate a health behavior research agenda
✓ Identify three senior AAHB members whom would be a good mentor match (program leadership will attempt to recruit them with no guarantees). Members: For a list of AAHB fellows and members, please visit http://aahb.org and log on with your username and password. Go to ‘Members Only’ menu for Membership Directory. Non-members: email Matthew Smith or Joanne Sommers for access to a full list of AAHB members.
  - It is recommended that the mentee contact proposed mentors to determine match and solicit agreement to participate in the RSMP together (prior to the application submission, if possible)
✓ Develop research-based products (e.g., grant proposal, manuscript) and engage in research-based processes (e.g., interviewing, navigating tenure and promotion)

✓ Be willing to commit 12-months to the mentor-mentee relationship, which will include participation in the following:

  - A teleconference kick-off meeting
  - Four hours of face-to-face dedicated mentoring time at the next annual AAHB meeting*
  - Developing a mentor/mentee work plan
  - Producing a mid-year progress report
  - Producing a final report
  - Keeping the AAHB informed of professional accomplishments via survey participation

* Attendance at the 2021 annual AAHB meeting is also highly encouraged to network and to potentially present your RSMP work as a poster.

Interested applicants should email a single PDF file containing the following information by January 30, 2020 to the RSMP Director, Matthew Lee Smith at matthew.smith@tamu.edu.

- Application (Form on following page)
- Current curriculum vitae
- Personal statement of interest (maximum of 500 words)
Mentee Application
2020 AAHB Research Scholars Mentorship Program

Mentee Name: ________________________________

1. Curriculum Vitae

2. Statement of Interest (please address the role of health behavior in your research, where you are in your career trajectory, what strengths you will bring to the mentoring program, and what you hope to gain from the program) – 500 words maximum

Applicants will be matched with mentors who are senior health behavior scholars among the AAHB membership. We will match mentors to mentees based on common research content or methods interests. Applicants should carefully identify mentors who they feel may be a potential match for their needs. Applicants are welcome to review the AAHB website (http://aahb.org) for the names of Fellows and current members, or contact Matthew Smith or Joanne Sommers directly for a complete membership list. We will make every effort to recruit one of these AAHB members to the mentoring program.

Please write in the name of AAHB members with whom you might like to be matched:

Proposed AAHB Member Mentor #1 ________________________________
Proposed AAHB Member Mentor #2 ________________________________
Proposed AAHB Member Mentor #3 ________________________________

If selected, I am willing to commit to the 12-month mentorship term, and agree to:
• Attend the 2020 and 2021 AAHB meetings
• Fulfill milestone deadlines (listed on the previous page)

_______________________________________________________________________

Signature (e-signature accepted) ________________________________    Date

The following are collected for reporting purposes only and will not be considered as part of the selection process:

Gender: □ Male □ Female

Race: □ Caucasian
□ Black or African American
□ Asian
□ Native Hawaiian or Pacific Islander
□ American Indian/Alaska Native
□ Other __________________

Ethnicity: □ Hispanic/Latino □ Not Hispanic/Latino