



AMERICAN ACADEMY OF HEALTH BEHAVIOR

A MULTIDISCIPLINARY SOCIETY OF HEALTH BEHAVIOR SCHOLARS AND RESEARCHERS

Theme: Theory and Applications of Multiple Health Behavior Change

March 10-13, 2019

Westin Poinsett – Greenville, South Carolina



Wi-Fi access: If staying at the hotel, sign in with your last name and room number.

If you are NOT staying at the hotel, use the username: publicsace and password: 34968.

AGENDA

SUNDAY, MARCH 10, 2019



Online Agenda:

<https://www.aahb.org/2019-Conference-Overview/>



Things to do in Greenville, SC:

<https://www.visitgreenville.com/things-to-do/>



Opening Reception & Poster Session:

Light Hors d'oeuvres, 1 free drink per person and cash bar; guest tickets available

8:00 am – 2:30 pm

AAHB Board Meeting (Furman Room)

2:00 pm – 4:00 pm

Meeting Registration (Outside of Gold Ballroom)

4:00 pm – 4:30 pm

Welcome Address, Presentation of New AAHB Fellows, Membership Milestones & New Members (Gold Ballroom)

- Mark Reed, PhD, AAHB President

4:30 pm – 5:30 pm

2019 Research Laureate Award Winner (Gold Ballroom)

- Introduction of 2019 Research Laureate by John D. Clapp, PhD, FAAHB (2018 AAHB Research Laureate)
- Presentation by 2019 Research Laureate: Kenneth Michael Cummings, PhD, FAAHB
- Presentation Title: With a Little Help from My Friends

5:30 pm – 5:40 pm

Overview of Conference (Gold Ballroom)

- Presenter: Hsien-Chang Lin, PhD (2019 Conference Planning Chair)

6:00 pm – 7:30 pm

Opening Reception & Poster Session (Poinsett Ballroom)

AGENDA

MONDAY, MARCH 11, 2019



Functional Fitness:

Sign up at conference registration.
Limit 20 participants.



Breakfast Roundtables:

New members, attendees, and students are encouraged to join a roundtable and meet senior Academy members.

6:30 am – 7:15 am

Unplug Activity: Functional Fitness (Francis Marion Room)

- Presenter: Katie Heinrich, PhD

7:30 am – 7:30 pm

Meeting Registration (Outside of Gold Ballroom)

7:30 am – 8:30 am

Breakfast Roundtables (Mezzanine Level)

- Tables #1-2: Opportunities to Get More Involved with AAHB
- Table #3: Making Your Science Accessible
- Table #4: Managing and Analyzing Data with Stata
- Table #5: Making Time to Write
- Table #6: Diversity and Equity in Workplace Settings
- Table #7: Preparing for a Career After Graduate School
- Table #8: Finding Your Dream Job and the Stages Along the Way

8:45 am – 9:00 am

Introduction of Speakers (Gold Ballroom)

- Mark Reed, PhD (Moderator)

9:00 am – 9:30 am

Speaker Session 1 (Gold Ballroom)

- Speaker: Bonnie J Spring, PhD, ABPP
(Feinberg School of Medicine, Northwestern University)
- Title: State of the Science in Intervening for Multiple Health Behavior Change

9:30 am – 10:00 am

Speaker Session 2 (Gold Ballroom)

- Speaker: Valerie Blue Bird Jernigan, DrPH, MPH
(Hudson College of Public Health, University of Oklahoma)
- Title: Developing Culturally Grounded Interventions with Indigenous Populations Guided by Indigenous Ways of Knowing

10:00 am – 10:30 am

Speaker Session 3 (Gold Ballroom)

- Speaker: Rosa Gonzalez-Guarda, PhD, MPH, RN, CPH, FAAN (Duke University School of Nursing)
- Title: The Influence of Acculturation Stress and Resilience on the Substance Abuse, Violence, HIV and Depression Syndemic Among Latino Immigrants

10:30 am – 10:45 am

Break

- Light snacks and beverages provided

10:45 am – 11:15 am

Speaker Session 4 (Gold Ballroom)

- Speaker: Paul Branscum, PhD, RD
(Department of Kinesiology and Health, Miami University)
- Title: Innovations in the Reasoned Action Approach: Applications and Future Research Directions

11:15 am – 11:45 am

Speaker Session 5 (Gold Ballroom)

- Speaker: Florence J Breslin, MS, CCRP
(Laureate Institute for Brain Research)
- Title: Measuring Multiple Behaviors in Adolescents: The Adolescent Brain Cognitive Development (ABCD) Study

11:45 am – 12:30 pm

Panel Discussion (Gold Ballroom)

- Moderator: Mark Reed, PhD

12:30 pm – 12:45 pm

2019 Judy K. Black Award and Presentation (Gold Ballroom)

- Presenter: Ashley Merianos, PhD (University of Cincinnati)
- Title: Electronic Cigarette Characteristics and Acquisition Means among Adolescent Daily Users



Professional Development and Mentoring Luncheon: All conference attendees are welcome to attend. If not the first 25 students or AAHB members, please bring your own lunch.

1:00 pm – 2:30 pm

Professional Development and Mentoring Luncheon 1 (Gold Ballroom)

- Presenter: Matthew Lee Smith, PhD, FAAHB
- Title: Keys to Quality Mentorship and Productive Collaborations: Lessons Learned from AAHB Scholars

3:30 pm – 4:30 pm

Health Behavior Research (HBR) – Editorial Board Meeting (Francis Marion Room)

5:00 pm – 6:00 pm

Past President's Meeting (Francis Marion Room)

- Past Presidents only

6:00 pm – 7:30 pm

Poster Session and Reception (Poinsett Ballroom)



Poster Session and Reception: Light Hors d'oeuvres, 1 free drink per person and cash bar; guest tickets available

AGENDA

TUESDAY, MARCH 12, 2019



Good Morning Yoga:

Sign up at conference registration.
Bring a towel and water.



Breakfast Roundtables:

New members, attendees, and students are encouraged to join a roundtable and meet senior Academy members.

6:30 am – 7:15 am

Unplug Activity: Good Morning Yoga (Francis Marion Room)

- Presenter: Melissa Helms

7:30 am – 7:00 pm

Meeting Registration (Outside of Gold Ballroom)

7:30 am – 8:30 am

Breakfast Roundtables (Mezzanine Level)

- Tables #1-2: Opportunities to Get More Involved With AAHB
- Table #3: How to Get Your Research Reorganized
- Table #4: Managing and Analyzing Data with Stata
- Table #5: Creating and Managing Your Research Team
- Table #6: Making Time to Write
- Table #7: Diversity and Equity in Classroom Settings
- Table #8: Navigating the Tenure and Promotion Process: Tips for Success

8:45 am – 9:00 am

Introduction of Speakers (Gold Ballroom)

- M. Renée Umstattd Meyer, PhD (Moderator)

9:00 am – 9:30 am

Speaker Session 6 (Gold Ballroom)

- Speaker: Amy Harley, PhD, MPH, RD (Zilber School of Public Health, University of Wisconsin-Milwaukee)
- Title: Social Contextual Predictors of Multiple Health Behavior Change

9:30 am – 10:00 am

Speaker Session 7 (Gold Ballroom)

- Speaker: Joe Grzywacz, PhD
(College of Human Sciences, Florida State University)
- Title: Multiple Health Behavior Change: A Developmental and Familial Perspective

10:00 am – 10:30 am

Speaker Session 8 (Gold Ballroom)

- Speaker: Julie Croff, PhD, MPH
(Center for Health Sciences, Oklahoma State University)
- Title: Multi-Modal Approaches to Measuring Behavior in Teenagers and Young Adults

10:30 am – 10:45 am

Break

- Light snacks and beverages provided

10:45 am – 11:15 am

Speaker Session 9 (Gold Ballroom)

- Speaker: Tina Chambers, PhD
(School of Medicine, University of California - San Diego)
- Title: Can We Develop a Biomarker of Future Neurobehavioral Deficits Due to Prenatal Exposure to Alcohol?

11:15 am – 12:15 pm

Panel Discussion (Gold Ballroom)

- Moderator: M. Renée Umstattd Meyer, PhD

12:30 pm – 2:00 pm

Professional Development and Mentoring Luncheon 2 (Gold Ballroom)

- Presenter: Florence J Breslin, MS, CCRP
(Laureate Institute for Brain Research)
- Title: Accessing and Understanding the Adolescent Brain Cognitive Development (ABCD) Study: An Introduction to the Adolescent Brain Cognitive Development Study Dataset

3:30 pm – 4:15 pm

Future Directions and Meeting of the Membership (Francis Marion Room)

4:15 pm – 4:45 pm

Inauguration of the Incoming AAHB President (Francis Marion Room)

- Presenter: Mark Reed, PhD, 2018-2019 AAHB President AAHB

Presidential Address (Francis Marion Room)

- Lara McKenzie, PhD, 2019-2020 AAHB President

5:00 pm – 6:00 pm

President's Reception (Spoonbread)

- Host: Mark Reed, PhD, 2018-2019 AAHB President
- Invitation only

6:00 pm – 7:30 pm

Poster Session and Social (Poinsett Ballroom)



Professional Development and Mentoring Luncheon: All conference attendees are welcome to attend. If not the first 25 students or AAHB members, please bring your own lunch.



Future Directions and Meeting of the Membership: All members are invited and encouraged to attend



President's Reception:
Invitation only



Poster Session and Social:
Light Hors d'oeuvres, 1 free drink per person and cash bar; guest tickets available

AGENDA

WEDNESDAY, MARCH 13, 2019

7:30 am – 8:00 am

Breakfast (Gold Ballroom)

8:00 am – 8:30 pm

Award Breakfast (Gold Ballroom)

- Awards:
 1. Outstanding Poster Awards
 2. Research Scholars
 3. Mentorship Award
 4. Judy K Black Award
- Moderator: Hsien-Chang Lin, PhD

8:45 am – 9:30 am

3-Minute Thesis Competition (Gold Ballroom)

- Moderator: Mary Steinhardt, EdD, LPC

9:45 am – 11:00 am

Research Laureate and Fellow Discussion (Gold Ballroom)

- Topic: New Directions for Health Behavior Research and Conference Wrap-Up
- Speakers: Gary Kreps, PhD, David Seal, PhD, and Steven Sussman, PhD
- Moderator: Mohammad Torabi, PhD

11:00 am

Meeting Adjournment

THANK YOU to ALL 2019 AAHB SPONSORS!

<https://aahb.org/2019-Sponsors>

Your support demonstrates your commitment to scholars and researchers for excellence in health behavior research.



Meeting Adjournment: Please complete an online meeting evaluation that will be emailed to all attendees.

**Thank you for attending the 2019
Annual AAHB Scientific Meeting!**

- 20th Annual AAHB Scientific Meeting
- March 8-11, 2020
- Embassy Suites by Hilton – Napa Valley, California

SAVE THE DATE!